

What counts as in-school CAS...

Activity/Club	Maximum Hours*	(depending on the specific activity/event) Can be counted as		
		C	A	S
Academic Fair	5	x	x	
Admissions Open House	3/event			x
Athletic Team	10 /sport		x	
Band/Orchestra/Chorus	10 /semester	x		
Canoe Trip	3		x	
Composers' Concert	5	x		
CSD Committee	5	x		x
Diversity Club	5 /event	x		
Drama Performance	10+	x	x	
Drama Stage Crew	10	x	x	
EC/LS Teacher Assistant	10 /semester	x	x	x
Hall of Fame Committee	5			x
Latin Club	5/semester	x		
Model UN	10	x		
Newspaper Editor	10	x		
Newspaper Staff	10 (1/article)	x		
NHS	5 /event	x	x	x
Pirate Club	5 /event	x	x	
Prom Committee	10	x		x
Quiz Bowl	10	x		
Science Fair	10	x		
SEA	10	x	x	x
Service In School	10/semester			x
Ski Club	1 /trip		x	
Spartan Mascot	1 /event	x	x	
Student Council	5	x	x	x
Student Executive Council	10	x	x	x
Team Manager	5 /sport			x
Technology Club	5	x		x
Water Project	10	x	x	x
Woldorf Committee	5	x		x
Yearbook Editor	10+	x		
Yearbook Staff	10	x		
Women's History Month	5+	x		x

* contingent on student performance and supervisor recommendation