

Learning Outcomes

To complete the CAS requirement, you must provide evidence that all eight learning outcomes described below have been met. Some may be demonstrated many times, in a variety of activities, but completion requires only that there is evidence for every outcome.

As a result of your CAS experience as a whole, including your reflections, there should be evidence that students have:

- **AWARENESS: Increased their awareness of their own strengths and areas for growth**
They are able to see themselves as individuals with various skills and abilities, some more developed than others, and understand that they can make choices about how they wish to move forward.
- **CHALLENGE: Undertaken new challenges**
A new challenge may be an unfamiliar activity or an extension to an existing one.
- **INITIATIVE: Planned and initiated activities**
Planning and initiation will often be in collaboration with others. It can be shown in activities that are part of larger projects, for example, ongoing school activities in the local community, as well as in small student-led activities.
- **COLLABORATION: Worked collaboratively with others**
Collaboration can be shown in many different activities, such as team sports, playing music in a band, or helping in a kindergarten. At least one project involving collaboration and the integration of at least two of creativity, action, and service is required.
- **COMMITMENT: Shown perseverance and commitment in their activities**
At a minimum, this implies attending regularly and accepting a share of responsibility for dealing with problems that arise in the course of activities.
- **GLOBAL VALUE: Engaged with issues of global importance**
Students may be involved in international projects but there are many global issues that can be acted upon locally or nationally (for example, environmental concerns, caring for the elderly).
- **ETHICS: Considered the ethical implications of their actions**
Ethical decisions arise in almost any CAS activity (for example, on the sports field, in musical composition, in relationships with others involved in service activities). Evidence of thinking about ethical issues can be shown in various ways, including journal entries and conversations with your advisor or CAS Coordinator.
- **NEW SKILLS: Developed new skills**
As with new challenges, new skills may be shown in activities that the student has not previously undertaken, or in increased expertise in an established area.