

## Harrisburg Academy 2011 Alumni Achievement Awards Winners



(From Left): Dr. Jeffrey Morrison, Dr. Kathryn J. Zerbe, and Dr. Zachery Scheiner.

### Professional Achievement award Presented to Dr. Jeffrey Morrison '88

*This award recognizes outstanding accomplishments by an individual in his or her career or professional life.*

Dr. Jeffrey Morrison is a medical doctor who champions a nutritional approach to healthcare as well as preventing and reversing degenerative diseases. Morrison's specific treatments are aimed at enhancing the body's ability to heal and detoxify itself. These safe, non-toxic and non-invasive therapies are proving to be more powerful than conventional treatments, which often utilize dangerous drugs and surgeries.

Morrison completed his undergraduate training at the University of Rochester and received his medical doctorate from Jefferson Medical College in Philadelphia. He is trained and board certified in family practice and has completed additional training in environmental medicine. In 2001, Morrison was on the medical staff at the Atkins Center for Complementary and Alternative Medicine in New York City, where he worked under Dr. Robert Atkins, developer of the low carbohydrate lifestyle. Morrison then went on to become the medical director of the Wellness Medical Center of Integrative Medicine in New York City. In 2002, he opened The Morrison Center on Fifth Avenue just steps from Manhattan's Union Square. Since then, he has used his successful integrative medicine and nutritional approach for both health optimization and the treatment and prevention of degenerative diseases, like: arthritis, high blood pressure, hormone imbalance, obesity, diabetes, chronic fatigue, anxiety, depression, heavy metal poisoning, and many other ailments.

Morrison is a member of the American Academy of Environmental Medicine (AAEM) as well as a lecturer and Board member for the American College for the Advancement in Medicine.

He has made television appearances, written journal articles and chapters for textbooks, and lectured throughout the country in the field of integrative and complementary medicine. Morrison has been featured as a health specialist on The Discovery Channel, Next Top Model, and several documentaries related to Anti-Aging. He has also contributed to articles in such publications as Cosmopolitan, Men's Journal, Shape, Fitness, New York Magazine as well as other health-related resources around the country.

### **Service to Humanity award**

#### **Presented to Dr. Kathryn J. Zerbe '69**

*This award recognizes an individual who in his or her personal or professional life has shown a commitment to bettering the lives of others in their community, nation or the world.*

Dr. Kathryn Zerbe is a board-certified psychiatrist and psychoanalyst who specializes in the treatment of depression, anxiety, eating disorders, and other issues, mainly with female patients (the majority of her patients). As a teacher, author, and conference presenter, Zerbe strives to educate her students and the public about mental illness and break down old stereotypes. Currently, Zerbe serves as a professor and vice chair for psychotherapy in the Department of Psychiatry at Oregon Health and Sciences University (OHSU) in Portland. Here she teaches residents in small seminars like she had at Harrisburg Academy. She also conducts individual psychotherapy and psychoanalytic sessions as director of outpatient services at the Center for Women's Health at OHSU and serves as training and supervising analyst at the Oregon Psychoanalytic Institute.

The author of three books and more than 100 publications, Zerbe is now working on "Integrated Treatment of Eating Disorders: Beyond the Body Betrayed," a follow-up to her first book, "The Body Betrayed." A frequently requested speaker, both nationally and internationally, Zerbe has received numerous awards for her teaching and writing contributions in the field of women's mental health. Since 2001, she's been listed annually as one of "America's Top Doctors" in the Castle-Connolly Guide. The Academy honored her as "Alumna of the Year" in 1994.

### **Rising Star award**

#### **Presented to Dr. Zachery Scheiner '93**

*This award recognizes a young person, who has demonstrated promise and achievement in his or her professional life.*

After finishing graduate school at the University of Washington in Seattle in 2008, Dr. Zachery Scheiner moved to Redwood City, Calif. That fall, he began contract science writing for the California Institute for Regenerative Medicine (CIRM) in San Francisco. CIRM is a state agency that oversees the \$3 billion authorized for stem cell research by Proposition 71, passed by California voters in 2004. CIRM funds all stages of stem cell research, from basic to "translational" research to clinical research; however, the organization's main focus is to support the development of stem cell-based therapies for patients.

In January 2009, Scheiner was hired by CIRM full-time as a Science Associate. In this position, he continued science writing, explaining grant funding decisions to the Board and public while working on projects to evaluate the progress and success of these research programs. In 2011, Scheiner was promoted to Science Officer at CIRM. His responsibilities have expanded to include management, monitoring, and evaluation of a portfolio of stem cell research grants concentrated in translational neuroscience. Scheiner and his wife, Ashley, love the Bay Area and try to explore as much as possible, from the Santa Cruz Mountains near their home, to beautiful Marin County, wine country, Lake Tahoe, and Yosemite National Park.