



# April 2018

## The Harrisburg Academy Lunch

Earth Day is upon us. Make sure to do something Earth friendly this month.



Mon	Tue	Wed	Thu	Fri
<p>2</p> <p style="font-size: 1.2em; font-weight: bold;">Spring Break</p>	<p>3</p> <p><u>Entrées:</u> Chicken Nuggets Southwest Wrap (Pepper Jack Cheese, Black Beans, Rice, Mexi-Ranch Dressing)</p> <p>Broccoli &amp; Cheese Soup &amp; Sandwich</p> <p><u>Sides:</u> Steamed Edamame, Mixed Fruit</p>	<p>4</p> <p><i>Special 1809 Charter Day Imitation Meal</i></p> <p><u>Entrées:</u> Pioneer bread w/ toppings (Flatbread Pizza)</p> <p>Susquehanna Mussel Stew-taste just like Clam Chowder (NE Clam Chowder)</p> <p><u>Sides:</u> Vegetables roasted on an open Fire( roasted brussel sprouts), Applesauce</p>	<p>5</p> <p><u>Entrées:</u> French Toast Sticks Scrambled Eggs</p> <p>Chicken &amp; Rice Soup &amp; Sandwich</p> <p><u>Sides:</u> Hash Brown, Turkey Sausage, Diced Pears</p>	<p>6</p> <p><u>Entrées:</u> Ham &amp; Cheese Pretzelwich Cheese Pretzelwich</p> <p>Vegetable Soup &amp; Sandwich</p> <p><u>Sides:</u> Steamed Carrots, Pineapple Tidbits</p>
<p>9</p> <p><u>Entrées:</u> Meatball Sandwich Feta Pizza (Tomato, Feta, Basil, Balsamic Glaze on a Pita) N.E. Clam Chowder &amp; Sandwich</p> <p><u>Sides:</u> Steamed Green Beans, Mixed Fruit</p>	<p>10</p> <p><u>Entrées:</u> Baked Chicken Broccoli &amp; Cheese Quiche</p> <p>Minestrone Soup &amp; Sandwich</p> <p><u>Sides:</u> Steamed Green Beans, Applesauce</p>	<p>11</p> <p><u>Entrées:</u> Hot Dog Bar – Choice of toppings Hummus w/Pita Vegetarian Chili &amp; Sandwich</p> <p><u>Sides:</u> Steamed Broccoli, Diced Pears</p>	<p>12</p> <p><u>Entrées:</u> Spiral Pasta w/Marinara, Meat or Alfredo Sauce</p> <p>Italian Wedding Soup &amp; Sandwich</p> <p><u>Sides:</u> Steamed Peas, Mandarin Oranges</p>	<p>13</p> <p><u>Entrées:</u> Academy Burger Black Bean Burger</p> <p>French Onion Soup &amp; Sandwich</p> <p><u>Sides:</u> Steamed Corn, Diced Peaches</p>
<p>16</p> <p style="font-size: 1.2em; font-weight: bold;">School Closed</p> <p>Parent Conferences</p>	<p>17</p> <p><u>Entrées:</u> Baked Potato Corn Dog</p> <p>Chicken Poblano Soup &amp; Sandwich</p> <p><u>Sides:</u> Steamed Broccoli, Mandarin Oranges</p>	<p>18</p> <p><u>Entrées:</u> Flatbread Pizza</p> <p>Tomato Basil Soup &amp; Sandwich</p> <p><u>Sides:</u> Steamed Carrots, Diced Peaches</p>	<p>19</p> <p><u>Entrées:</u> Macaroni &amp; Cheese Blackened Chicken Wrap</p> <p>Minestrone Soup &amp; Sandwich</p> <p><u>Sides:</u> Steamed Edamame, Applesauce</p>	<p>20 Happy Earth Day</p> <p><u>Entrées:</u> Subs by the Inch (Turkey &amp; Cheese or Cheese)</p> <p>Red Pepper &amp; Gouda Soup &amp; Sandwich</p> <p><u>Sides:</u> Chips, Pineapple Tidbits</p>
<p>23</p> <p><u>Entrées:</u> Lasagna Veggie Lasagna</p> <p>Chicken &amp; Rice Soup &amp; Sandwich</p> <p><u>Sides:</u> Steamed Peas, Mixed Fruit</p>	<p>24</p> <p><u>Entrées:</u> Salisbury Steak Vegetarian Stuffed Pepper</p> <p>Minestrone Soup &amp; Sandwich</p> <p><u>Sides:</u> Mashed Potatoes, Applesauce</p>	<p>25</p> <p><u>Entrées:</u> French Toast Scrambled Eggs</p> <p>Potato Soup &amp; Sandwich</p> <p><u>Sides:</u> Hash Brown, Turkey Sausage, Mandarin Oranges</p>	<p>26</p> <p><u>Entrées:</u> Chicken Patty Spinach &amp; Feta Triangle</p> <p>Vegetable Soup &amp; Sandwich</p> <p><u>Sides:</u> Steamed Corn, Pineapple Tidbits</p>	<p>27</p> <p><u>Entrées:</u> Soft Shelled Taco Bean &amp; Cheese Burrito</p> <p>Chicken Noodle Soup &amp; Sandwich</p> <p><u>Sides:</u> Lettuce, Tomato, Sour Cream, Salsa, Brown Rice, Diced Peaches</p>
<p>30</p> <p><u>Entrées:</u> Spiral Pasta w/Marinara, Meat or Alfredo Sauce</p> <p>Italian Wedding Soup &amp; Sandwich</p> <p><u>Sides:</u> Steamed Peas, Mixed Fruit</p>	<p>May 1</p> <p><u>Entrées:</u> Cheesesteak Sandwich Broccoli &amp; Cheddar Quiche</p> <p>Butternut Squash &amp; Apple Soup &amp; Sandwich</p> <p><u>Sides:</u> French Fries, Applesauce</p>	<p>May 2</p> <p><u>Entrées:</u> Academy Burger Black Bean Burger</p> <p>French Onion Soup &amp; Sandwich</p> <p><u>Sides:</u> Roasted Brussel Sprouts, Diced Peaches</p>	<p>May 3</p> <p><u>Entrées:</u> Grilled Cheese Sandwich Tomato Soup</p> <p>Tomato &amp; Basil Soup &amp; Sandwich</p> <p><u>Sides:</u> Diced Pears</p>	<p>May 4</p> <p><u>Entrées:</u> Flatbread Pizza</p> <p>N.E. Clam Chowder &amp; Sandwich</p> <p><u>Sides:</u> Steamed Carrots, Pineapple Tidbits</p>